


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>JANUARY 2015</h1> <p>Emmitsburg Senior Center.</p>				1 CLOSED <small>New Year's Day</small>	2 Poetry in Motion exercise Wii Bowling @ 10am Canasta @ 12:30	3 Attention Jan. 9th 9am-3:30 pm \$45.00 person Baltimore Museum of Industry
4 Call for information about Art classes 301`-600-6350	5 Poetry in Motion exercise Bowlers meet @ 12:15	6 Strength Training @ 10 Nurtrition Minute seafood	7 Poetry In Motion exercise BINGO 10-11:30	8 Strength Training @ 10 Cards Games & Puzzles	9 Poetry in Motion exercise Speaker from Transit Canasta @ 12:30	10 Attention Friday Jan 30th Smithsonian Your Way. 9am-3:30pm \$30.00 person
11 Fall Prevention & Balance Skills With Alyssa & Carl Thursday 15th	12 Poetry In Motion Exercise Bowlers meet @ 12:15	13 Strength Training @ 10	14 Poetry in Motion exercise BRIDGE @ 12:30	15 I &A with Elly @ 10 Strength Training @ 10 Speaker on Fall prevention	16 Poetry in Motion exercise Wii Bowling @ 10am Canasta @ 12:30	17
18	19 CLOSED <small>Martin Luther King Day</small>	20 Strength Training @ 10 Nurse Steve @ 11 with Bps.	21 Poetry in Motion exercise 10-2 Come in and learn some new games	22 Strength Training @ 10 Cards Games & Puzzles	23 Poetry in Motion Exercise Wii Bowling @ 10am Canasta @ 12:30	24
25	26 Poetry in Motion exercise Bowlers meet @ 12:15 <small>Australia Day</small>	27 Strength Training @ 10	28 Poetry in Motion Exercise Bridge @ 12:30	29 CLOSED	30 Poetry in Motion exercise Wii Bowling @ 10am Canasta @ 12:30	31